

Capital Region Women's Care

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Stefanie Allison, DO • Christopher Bloss, MD • Jockular Ford, MD • Christopher Medina, MD • Crystal Santiago, MD
Steven Deserre, CNM • Deborah Hirt, FNP, CNM • Sondra Stoute, MSN, FNP-BC, RNC-MNN

Dear Patients,

We are writing to inform you of important changes at Capital Region Women's Care. Dr. Christopher Medina will be relocating out of the area, and his last day of seeing patients will be June 14, 2024. We wish Dr. Medina well and thank him for the excellent care he has provided both our obstetrical and gynecological patients for over a decade.

Additionally, after 20 years of delivering babies, Dr. Christopher Bloss, has decided to focus his practice on providing medical and surgical gynecological care, as he has earned the ABOG Focused Practice Designation in Minimally Invasive Gynecologic Surgery. His last day providing obstetric care will be August 31, 2024, and we thank him for his outstanding care for our pregnant patients. Dr. Bloss will join Dr. Ford and Dr. Allison in solely providing gynecological care in our practice.

We are excited to announce a new nurse practitioner joining our group in mid to late May 2024. Elizabeth Valk, FNP-C, comes to us from another CCP practice in Ravena, and we are happy to have her join our team!

Your care continues to be our top priority. When Dr. Medina leaves on June 14th, Dr. Bloss and Dr. Crystal Santiago will continue to provide obstetrical care for our patients. We are actively recruiting new OB/GYN physicians to join our group. In the interim, there may be times when the physicians of the St. Peter's OB/GYN group will assist us with after-hours and weekend hospital-based on-call coverage. Additionally, our office will need to temporarily reduce the number of obstetrical patients whose babies we can deliver each month. If you are currently pregnant, please speak to your provider at your next visit to discuss these changes and if they will impact you.

Our office has two convenient locations, in Troy and Clifton Park, and our providers are listed below.

Stefanie Allison, DO, FACOG
Christopher Bloss, MD, FACOG
Jockular Ford, MD, FACOG
Crystal Santiago, MD, FACOG
Steven Deserre, CNM
Deborah Hirt, FNP, CNM
Sondra Stoute, MSN, FNP-BC, RNC-MNN
Elizabeth Valk, FNP-C

If you have any questions about your ongoing care, please call or text us at 518-274-0476.

Thank you for your continued trust as we work to acquire more providers to serve our patients' needs.

Yours in Good Health,

The Care Team at Capital Region Women's Care

Serving Our Community for Over 35 Years

Internal Medicine • Family Medicine • Pediatrics • Obstetrics • Gynecology • Urgent Care • Adult Neurology • Aesthetic Medicine • Audiology • Bariatric Medicine • Behavioral Health • Child Neurology • Clinical Pharmacy
Dermatology • Developmental Pediatrics • Diabetes Education • Endocrinology • Gastroenterology • General Surgery • Geriatric Medicine • Hematology • Interventional Radiology • Laboratory • Medical Imaging • Medical Nutrition Therapy
Medical Oncology • Nephrology • Occupational Medicine • Physical Therapy • Podiatry • Pulmonary Medicine • Radiation Oncology • Rheumatology • Sleep Medicine • Sports Medicine • Urology • Vascular Surgery