

## **XOLAIR INFORMED CONSENT FORM**

This informed consent form is designed to provide you with comprehensive information about the benefits, risks, and potential side effects of Xolair (Omalizumab) treatment. The purpose of this form is to ensure that you fully understand the treatment option and give your informed consent to proceed.

Please read this form carefully. If you have any questions or concerns, do not hesitate to discuss them with your healthcare provider. It is important that you feel comfortable and well-informed before making a decision about your treatment.

## What is Xolair (Omalizumab)?

Xolair (Omalizumab) is a prescription medication used to treat severe allergic asthma and chronic idiopathic urticaria (hives) in patients who have not responded well to other treatments. It works by blocking the immunoglobulin E (IgE) antibody, which plays a role in allergic reactions.

## Benefits of Xolair (Omalizumab) Treatment

The benefits of Xolair (Omalizumab) treatment may include:

- 1. Reduction in the frequency and severity of asthma attacks.
- 2. Improvement in lung function and overall asthma control.
- 3. Decreased dependence on other asthma medications.
- 4. Improvement in quality of life, including reduced symptoms such as wheezing, coughing, and shortness of breath.
- 5. Relief from chronic idiopathic urticaria symptoms, including itching and hives.

It is important to note that individual responses to Xolair (Omalizumab) treatment may vary, and some patients may not experience the desired benefits.

## **Risks and Potential Side Effects**

While Xolair (Omalizumab) is generally well-tolerated, it is essential to be aware of potential risks and side effects. These may include, but are not limited to:

- 1. Allergic reactions: In rare cases, Xolair (Omalizumab) may cause severe allergic reactions, including anaphylaxis. Signs of an allergic reaction may include difficulty breathing, swelling of the face, lips, tongue, or throat, and hives. Immediate medical attention should be sought if any of these symptoms occur.
- 2. Injection site reactions: Mild to moderate reactions, such as redness, swelling, pain, or itching at the injection site, may occur. These reactions are usually temporary and resolve on their own.



- 3. Upper respiratory tract infections: Xolair (Omalizumab) has been associated with an increased risk of upper respiratory tract infections, such as the common cold.
- 4. Headaches: Some patients may experience headaches as a side effect of Xolair (Omalizumab) treatment.
- 5. Other side effects: Less common side effects may include joint pain, dizziness, skin rashes, and fatigue. If any unexpected side effects occur or if you have concerns, please inform your healthcare provider promptly.

I understand all possible side effects from this medication may not have been completely identified and as new information becomes available I will be notified.

I have had the opportunity to fully read, understand and discuss this consent form with my physician and the nurses. By signing this consent, I am agreeing to treatment with Xolair.

Patient's Name	Witness' Name
Patient's Signature	Witness' Signature
Date	Date

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