



Pulmonary Medicine
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Pulmonary Medicine

of Community Care Physicians

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****BRING YOUR OWN RESCUE INHALER IF YOU USE ONE****

1. **HOLD** any of the listed inhaled medications, including nebulizers, for **12 hours** prior to testing.

Albuterol	Ventolin	Pro Air	Ipratropium Bromide
Combivent	Duoneb		

2. **HOLD** any of the listed medications for **24 hours** prior to testing.

Anoro	Advair	Breo	Breztri
Dulera	Incruse	Spiriva	Stiolto
Symbicort	Trelegy	Wixela	

3. **DO NOT SMOKE** 4 hours prior to testing.

4. **DO NOT HAVE CAFFEINE** 4 hours prior to testing.

5. If a Six Minute Walk test is ordered, **REMOVE any nail polish**, including ANC or Gel Polish, before your test.

6. Notify the therapist if you are coughing up blood.

Please call the office if you have any questions, 518-831-8530