

The Cigarette Dependence Scale, 5-item short version (CDS-5), English-language version

Questions	Response options	Recoding
1. Please rate your addiction to cigarettes on a scale of 0 to 100: - I am NOT addicted to cigarettes at all = 0 - I am extremely addicted to cigarettes = 100	___ Addiction	0-20 = 1
		21-40 = 2
		41-60 = 3
		61-80 = 4
		81-100 = 5
2. On average, how many cigarettes do you smoke per day?	___ Cigarettes / day	0-5 = 1
		6-10 = 2
		11-20 = 3
		21-29 = 4
		30+ = 5
3. Usually, how soon after waking up do you smoke your first cigarette?	___ Minutes	0-5 = 5
		6-15 = 4
		16-30 = 3
		31-60 = 2
		61+ = 1
4. For you, quitting smoking for good would be:	Impossible = 5	No recoding
	Very difficult = 4	
	Fairly difficult = 3	
	Fairly easy = 2	
	Very easy = 1	
<i>Please indicate whether you agree with the following statement:</i>		
5. After a few hours without smoking, I feel an irresistible urge to smoke	Totally disagree = 1	
	Somewhat disagree = 2	
	Neither agree nor disagree = 3	
	Somewhat agree = 4	
	Fully agree = 5	