**Portal Registration Instructions**

Welcome to the all-in-one personal health record and patient portal that lets you access your medical information in a secure online environment **24 hours a day, 7 days a week** from any computer, tablet, or smartphone!

**Just follow these simple steps to create your account today!**

1. **Check your email.** You will receive an email from noreply@followmyhealth.com. Click the registration link and follow the on-screen prompts.

2. Click “**Sign Up and Connect**”. If you already have a portal and want to add an additional provider, click “**Sign in and add this connection**”.

3. Provide a unique username and password, and hit **Continue**.

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**Get Connected**

**Get Connected!** Follow the on-screen prompts on the next four screens to complete your connection. These screens include accepting our **Terms of Service**, entering your **Invite Code**, and accepting the **Release of Information**. Your health record will then begin to upload. Once populated, you’ll be able to view your account!

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You can log-in to your portal account from the home page at [www.communitycare.com](http://www.communitycare.com)

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Need Portal Help? E-mail mycareDOT@communitycare.com!