

## **DISCHARGE INSTRUCTIONS: ANGIOGRAM**

You have had an angiogram and received medication to relieve anxiety and pain during the procedure. You are now ready for discharge. Please follow these instructions:

1. Limit activity for 24 hours (which includes driving any type of vehicle). After 24 hours, you can resume normal activity.
2. Drink fluids frequently during the next several hours. Resume your prior medications and usual diet.
3. Check your groin during the next 24 hours for swelling or oozing of blood and then during the next several days for redness or soreness.
4. If the groin area shows increasing redness or soreness during the next several days, or if you have any unusual cramps, coolness, or discoloration of your legs, call us at (518) 262-5149. After 5 PM, you can call (518) 262-3125 and ask to speak with the interventional radiologist on call.
5. If bleeding or swelling of the groin occurs, go immediately to the nearest Emergency Room and explain that an angiogram was performed earlier today. While en route to the Emergency Room, please apply pressure to the site.