

Interventional Radiology

Phlebectomy

Pre-Procedure Instructions

Date: _____

We encourage you to have a small meal 1 to 2 hours prior to arriving at the office. You will be receiving a local anesthetic and an oral sedative during your procedure and will not be able to drive home afterwards. **Please arrange for someone to drive you home.** You will be in the office approximately 1 1/2 to 2 1/2 hours. The procedure takes approximately one and a half hours.

Please fill your prescription for compression stockings IMMEDIATELY. The *medication* prescription will be sent to your pharmacy 1 – 2 weeks before your procedure. **Bring your medication and stockings to your procedure appointment.** We cannot perform your procedure if you do not have your stockings with you!

Do not use any aspirin products for five days prior to having the procedure. If you are on blood thinners, please notify us immediately so we can speak with your primary doctor. We may need to stop these medicines for a short time to safely perform your procedure.

Wear comfortable clothes to your procedure appointment. We recommend gym type shorts or slacks with loose fitting legs. **Do not take your medication at home!** (*You will take it when you arrive and after we have reviewed the procedure and consents have been signed.*)

Post-Procedure Instructions

You will have a compression stocking on when you leave the office. **Wear your stocking for the first 24 hours after your procedure.** There is an adhesive bandage and several small bandages with steri strips under your compression stocking. Remove the dressings but leave the steri strips on when you take off your stocking for the first time. The steri strips may begin to come loose after 5-7 days. If they begin to curl and come off, you may take them off.

Wear your stockings all day for the next 2 weeks. You may take it off to sleep and shower.

You may have some discomfort following your procedure. Some people find it helpful to take a day or two off of work, although we expect you to be able to resume all your pre-procedure activities (including work) the following day, if necessary. **If you are having extreme discomfort, bleeding, redness or fever; notify the office immediately. Do not take Ibuprophen or Aspirin products for one week.** It is ok to take Tylenol.

We would like you to continue to keep moving and maintain a normal level of activity. Walking twice daily for 20 minutes is encouraged and promotes speedy healing. **Please no hot tubs, saunas or vigorous activities for two weeks. Avoid flying for 1 week.**

Again, feel free to call the office if you have any questions. ***Please bring your compression hose to all appointments.***

*Community Care Physicians
Interventional Radiology
518-262-5149*

****Please be advised there will be a \$150.00 charge for cancellations less than 72 hours***
