



# Pre and Post Procedure INSTRUCTIONS

## Greater Saphenous Vein Ablation/ GSV Ablation

Date: \_\_\_\_\_

### OFFICES

Interventional Care  
Community Care Physicians  
Suite 113  
711 Troy Schenectady Road  
Latham, NY 12110

Albany Medical Center  
Interventional Radiology  
Department of Radiology  
47 New Scotland Avenue  
Albany, NY 12208

### PHONE

(518) 213 - 0310 - Latham  
(518) 262 - 5149 - AMCH

### FAX

(518) 213 - 0435 - Latham  
(518) 262 - 4210 - AMCH

**Dr. Meridith Englander**

**Dr. Allen Herr**

**Dr. Ken Mandato**

**Dr. Gary Siskin**

**Dr. Lawrence Keating**

**Nancy Spencer, NP**

**Chris Doti, NP**

**Laura Bailey, NP**

### Pre – Procedure Instructions

1. You are scheduled for a procedure in our office. The procedure time is variable so you should expect to be in our office approximately 2 hours. Please arrange to have someone drive you home.
2. You will be receiving local anesthetic and an oral sedative during the procedure. Your prescription for the medication will be sent to your Pharmacy 1 week prior to your procedure. Bring all medication with you to the procedure you. A nurse will administer the medication to you after the Procedure has been reviewed and consent is signed.
3. Please fill your prescription for your stockings as soon as possible. You must bring your stockings to the procedure.
4. Please wear comfortable clothing to your appointment. We recommend gym type shorts or slacks with loose fitting legs.
5. We recommend you eat a small meal 1-2 hours prior to arriving for your procedure.

### Post - Procedure Instructions

1. You will have a small dressing over the incision site which will stay on until your first shower. Over the dressing will be a tight adhesive wrap and then your compression stocking. You will leave all of this in place for 24 hours after your procedure. After 24 hours you may remove the bandage and shower. You will wear the compression stockings each day when you are out of bed for the next (1) week.
2. You may have some discomfort following the procedure. Narcotic type medication or Ibuprofen may be prescribed for you. We expect you will be able to resume normal activity within 24 hours post procedure. You may need to take some time off from work.
3. We recommend you maintain a normal level of activity. Walking 20 minutes twice daily is encouraged and promotes healing. Please no baths, hot tubs, saunas or vigorous activity for 2 weeks post procedure. Avoid flying for 1 week.
4. If you experience extreme discomfort, fever, or bleeding contact our office immediately. If it is after hours call Albany Medical Center operator at 262-3125 and ask for the Interventional Radiologist on call.

You can reach us at the following numbers during working hours

Latham Offices (518) 213-0310

Albany Medical Center - (518) 262-5149

More information about your recovery after GSV procedure can be found at our website:

[http://www.communitycare.com/Practices/Interventional\\_Radiology](http://www.communitycare.com/Practices/Interventional_Radiology)

It has been our pleasure to participate in the treatment of your varicose veins. Please feel free to call our office, or page us with any questions, problems, or concerns. If there is something we can do to make this experience a better one, please let us know.

- **Please be advised there will be a \$150.00 charge for cancellations less than 72 hours.**