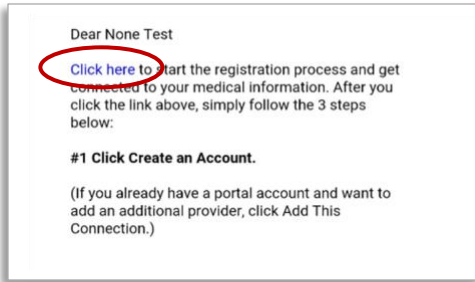# Portal Registration Instructions

Welcome to the all-in-one personal health record and patient portal that lets you access your medical information in a secure online environment **24 hours a day**, **7 days a week** from any computer, tablet, or smartphone!

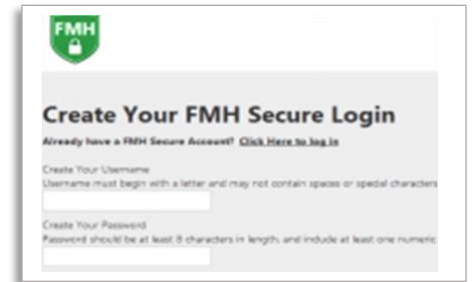**Just follow these simple steps to create your account today!**

1

Check your email. You will receive an email from noreply@followmyhealth.com. Click the registration link and follow the on-screen prompts.

2

Click "**Sign Up and Connect**". If you already have a portal and want to add an additional provider, click "**Sign in and add this connection**".
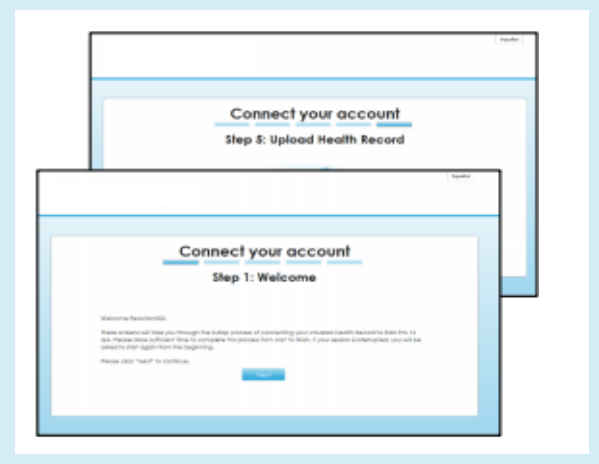
3

Provide a unique username and password, and hit **Continue.**

Get Connected

Get Connected! Follow the on-screen prompts on the next four screens to complete your connection. These screens include accepting our **Terms of Service,** entering your **Invite Code**, and accepting the **Release of Information**. Your health record will then begin to upload. Once populated, you'll be able to view your account!

You can log-in to your portal account from the home page at **www.communitycare.com**

Need Portal Help? E-mail mycareDOT@communitycare.com!

COMMUNITY CARE PHYSICIANS, P.C.